



SSA-Community Skills Development

FREE and Subsidised Training For Volunteers and Community Groups.



What FREE and Subsidised Training is Being Offered?

FA Emergency Aid

Awarded by the Football Association, this short 3 hour course provides club representatives and volunteers with the crucial basic skills in Emergency First Aid including resuscitation and life-saving skills.

Course Information:

Minimum Age: 16

Course Duration: 3 hours

Course Prerequisites: None .

Who is it for: A short course over 3 hours to train club representatives in resuscitation and life-saving skills.

Course aims and objectives:

1. To preserve life
2. Limit the effect of injury
3. Promote recovery

Course Content: This course will cover the following subjects:

- Incident Management
 - Assessing the casualty
 - Recovery position
 - CPR
 - Heart attacks
 - Choking
 - Asthma
 - Head injuries
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The FA Safeguarding Children Workshop

For everyone who works with young people, this workshop focuses on making football safe. The course teaches our football workforce to promote best practice to protect young people. Candidates will learn how to recognise signs and symptoms of abuse, and understand fears involved in these concerns.

Course Pre-requisites

- Candidates must be at least 18 years of age (coaching/ standalone)
- Candidates must be at least 16 years of age (refereeing)

Course Duration: 3 hours

Course Aims & Objectives

The workshop will raise your awareness and specifically help you to be able to:

- Identify and build on best practice in football
- Recognise signs of abuse and identify what behaviour causes concern
- Identify the actions to take if you have a concern and who can help
- Develop your action plan for change

Course Content

Introduction

- Setting standards
 - Building a network of designated persons
 - Responsible recruitment
 - Your responsibilities
 - Best Practice and Poor Practice
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Football Leaders Award

This course provides a basic introduction to leadership skills required when involved in football. The course will primarily introduce 4 areas: **Assisting Football Activity Sessions, An introduction to refereeing, Helping with a Team & Different Football Events** – in addition to these areas, **Respect, Promoting the Game & Developing the game** will be embedded during the **Guided Learning Hours**.

Course Aims & Objectives

To provide learners with an introduction to Leadership skills that may be used within the game and beyond. In the first instance the young leaders should be supported by more experienced qualified people within the game to support their development.

Course Duration: Minimum 7 hours.

Course Content

- Introduction to the Course (1 GLH)
- Assisting Football Activity Sessions (2 GLH's)
- An introduction to Refereeing (1 GLH)
- Helping with a Team (1 GLH)
- Different Football Events (1 GLH)

Practical Involvement: Candidates will be encouraged to participate practically to maximise their opportunities for learning (however inability to participate will not prevent successful completion of the award).

Course Pre-requisites

Prior to certification, candidates are required to be at least 12 years of age

Who is eligible for the FREE and Subsidised Training Being Offered?

- Local Groups who are connected to providing activity for local members at the Selhurst Astro turf will be eligible to nominate their key members for the programmes.
 - Up to 68 places in total will be available for FREE. Other places will be available from £10.
 - Local community groups are offered free places as part of our promised **Community Give Back** Scheme.
 - It is a invaluable opportunity to update the credentials within their organisations.
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