

Friday 20 March 2020

Dear Friends and Colleagues

Following the guidance released and updated from Public Health England, we ask that all our members, users and staff adhere to the government's latest medical advice which can be found [here](#).

For your information, it advises you to self-isolate, **regardless of travel history or contact with confirmed cases**, if you have:

- a. A new continuous cough **and/or**
- b. High temperature (of 37.8 degrees centigrade or higher)

It's very important that you do not enter the Arena or any other facility . We have also stopped all bookings unless pre agreed for essential medical and health reasons.

Additionally, here is what we have done at the Selhurst Sports Arena

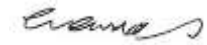
- We are continuously monitoring developments in respect of COVID-19, and are following the advice and guidance of Public Health England.
- We have facilitated all of our bookings to be rescheduled so that no user misses out as a result of not fulfilling their planned bookings.
- We have erected new "Now Wash Hands " signs in all of our toilets and changing rooms
- We have maintained a constant supply of soap at all wash basins
- We have regularly applied Anti-Bacterial spray on all goals , door handles and other areas

Staying healthy and fit is more important than ever at the moment. UK Active, the UK's leading not-for-profit health body for the physical activity sector, has stated that "being fit and healthy is an important deterrent to the risk of infection in the first place. It's therefore crucial that members of the public continue to lead active lives throughout this period., ." Their full statement is available [here](#).

We are continuing to monitor the situation and will take all appropriate measures necessary to protect you and our local community. Keeping everyone safe and healthy is our main priority.

We hope you and your families stay healthy and safe during this time.

Best wishes,



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Director of Operations

SELHURST SPORTS ARENA